

## Itinerary

Firstly we have a home base for 10 days; unpack your bags and relax in your home away from home Frozzy's. There will be trips to specially selected local highlights including St Cirque Lapoppie, Peche Merle, Puy Laveque, private gardens, farm yards, castles and quaint villages. Yet for most of the time we will enjoy village life and painting in the local area.

Everyone can enjoy French lessons, local market visits. Most of all enjoy a memorable visit with new friends.



Interesting architectural features make great art

Prices—The cost is Au\$4950 p. Person twin share for 12 days. Single supplement applies. Airfares and your travel insurance are not included in the price. We can arrange pick-up from Gourdon train station if needed. Or if you prefer you can bring your own car.

To make a booking or enquiry please contact Katherine on +61 2 677 15 496  
Mob: 0411 079 154  
email: frozysretreat@yahoo.com.au

A Deposit of \$950 will be required at time of booking with the balance to be paid by 13th March 2010. After this date no refunds will be given.. You must ensure you take out COMPREHENSIVE TRAVEL INSURANCE prior to payment. In the unlikely event that the trip is cancelled, a full refund will be given.

Frozzy's Retreat  
Le Bourg  
Pomarede 46250  
France

Australia Ph: 02 677.15.496  
Mob: 0411 079 154  
E-mail: frozysretreat@yahoo.com.au  
kathy@thehealthnut.com.au

[www.frozysretreat.com](http://www.frozysretreat.com)

Painting "The Lot".  
Guided Art group Staying at  
Frozzy's Retreat in the beautiful  
Lot Region S.W France.

Relax, Enjoy, Learn

May 22nd to June 3rd 2010

Tel +61. 02 677 15 496



# Painting The “Lot”

Our villa is located within the small village of Pomarede, most well known from Mary Moody’s books of the area. Right across the road from Madame Murat’s restaurant. Pomarede is full of French charm and Frozzy’s has been tastefully renovated by Katherine and Chris. Modern comforts of a fully equipped kitchen, dishwasher, washing machine, modern bathroom and a second separate toilet. In ground salt water pool and large garden with views over farms and fields, makes a perfect backdrop to enjoy a glass or two of the local wine, and soak up the beauty as you paint.



Light filled loft room

## Art Tuition

We are fortunate to have encouragement from caring and versatile tutor Katherine Sabathie; Coach, artist and owner of Frozzy’s. Special guest tutor Penny adds her versatile quality to a special day of guidance and demonstrations.

## Katherine

Art tuition will be a combination of demonstrations and group/ personal sessions with Katherine and gifted local artist/teachers. Sessions will be tailored to suit the needs of guest and weather conditions. Painting materials, including high quality water color paper, paint, paint trays, brushes etc will be provided so you don’t need to pack your own equipment. If you have your favorite brushes bring them along.

## Chris

Our true local will share stories, teach French language lessons and show you a side of the local area most tourist don’t experience.

Visits to the local markets where you will discover local delights is just one of the fun things we will be doing

